

Our son started smoking cannabis as a teenager, we discovered this when an ex-girlfriend told me, we spoke to him about it, he said all the right things so we thought the problem was solved. Unfortunately he went on to Cocaine, we were not aware of this as we did not know the first thing about drugs, he managed to hide it for 10 years before it reared it's ugly head again. Panic set in, the family were all in turmoil, we did not know which way to turn. We sent him for counselling where the councillors were all ex addicts. We couldn't afford to carry on for too long, they suggested he went to Narcotics Anon as this is street level and has helped a great deal of people. He took to this and found it helpful, everyday was a struggle for him, he has now been clean for 5 years, he along with another addict have opened a couple of new NA and CA meetings, he takes a meeting in the prison once a month. I also found Families Anon, which is a great help to the families and loved ones of the addict. Even now it is still a day at a time. I do not ring him every five minutes to see if he is ok, as I did at first but if I have not heard from him for a day I think, " oh god is he ok" Whether this will ever leave me I do not know. I am proud of the way he has turned his life around but I could have done without it. I carry on going to FA as there are new parents out there who will walk in one day and need the help that I was given. I wish you all peace and serenity.